

# Nortin™

## Nortriptyline

### Composition:

Nortin™ 10 Capsule : Each capsule contains Nortriptyline Hydrochloride BP equivalent to 10 mg Nortriptyline.

Nortin™ 25 Capsule : Each capsule contains Nortriptyline Hydrochloride BP equivalent to 25 mg Nortriptyline.

### Indication:

Depressive illness, Panic disorder & Neuropathic pain.

### Dosage & administration:

Depression, low dose initially increased as necessary to 75-100 mg daily in divided doses or as a single dose (max. 150 mg daily); Adolescent and Elderly patient : 30- 50 mg daily in divided doses. Neuropathic pain, initially 10 mg daily at night, gradually increased if necessary to 75 mg daily; higher doses under specialist supervision.

**Or as directed by the physician.**

### Side effects:

Dry mouth, Constipation, Blurred vision, Tremor, Sedation, Sweating, Rashes, Behavioral disturbances.

### Precautions:

Nortriptyline should be used with caution in patients with cardiovascular disease, including heart failure, or arrhythmias. Cardiovascular and ECG monitoring should be undertaken in such patients. When given in high doses patient have been reported to produce QTc prolongation, arrhythmias, sinus tachycardia, and prolongation of the conduction time. Myocardial Infarction and stroke have also been reported with medicines of this class.

### Contraindications:

Concurrently treatment with a monoamine oxidase (MAO) inhibitor is contraindicated. Hyperpyretic crises, severe convulsions, and fatalities have occurred when similar tricyclic antidepressants were used in such combinations. It is advisable to have discontinued the

MAO inhibitor for at least two weeks before treatment with Nortriptyline is started. Patients hypersensitive to Nortriptyline should not be given the drug. Cross-sensitivity between Nortriptyline and other dibenzazepines is a possibility. It is contraindicated during the acute recovery period after myocardial infarction.

### Usage in Pregnancy:

Pregnancy category C. Nortriptyline should only be used in pregnancy if considered necessary, taking into account the risks of untreated depression, and under the close supervision of a physician.

### Drug Interactions:

Administration of reserpine during therapy with a tricyclic antidepressant has been shown to produce a "stimulating" effect in some depressed patients. Close supervision and careful adjustment of the dosage are required when Nortriptyline is used with other anticholinergic drugs and sympathomimetic drugs. Concurrent administration of cimetidine and tricyclic antidepressants can produce clinically. A case of significant hypoglycemia has been reported in a type II diabetic patient maintained on chlorpropamide (250 mg/day), after the addition of nortriptyline (125 mg/day).

### Overdose:

Toxic overdose may result in confusion, restlessness, agitation, vomiting, hyperpyrexia, muscle rigidity, hyperactive reflexes, tachycardia, ECG evidence of impaired conduction, shock, congestive heart failure, stupor, coma, and CNS stimulation with convulsions followed by respiratory depression. Deaths have occurred following overdose with drugs of this class.

### Storage:

Store in a cool and dry place & protect from light. Keep out of the reach of the children.

### Commercial supply:

Nortin™ 10 Capsule : Each box contains 10X10 Capsules in blister pack.

Nortin™ 25 Capsule : Each box contains 10X10 Capsules in blister pack.

Manufactured by :

**Navana Pharmaceuticals Ltd.**  
Rupshi, Narayanganj, Bangladesh.

NCLT0503\_03-18\_01

